

**GOVERNMENT OF MIZORAM
SCHOOL EDUCATION DEPARTMENT**

*3rd Floor, Building No-II,
Mizoram Secretariat, MINECO,
Aizawl - 796001, Mizoram,
Aizawl, the ___ April, 2026.*

NOTIFICATION

No. C.18/43/2025-EDN : Whereas, the Hon'ble Supreme Court of India has issued directions regarding safeguarding student mental health and mandated all States/UTs to establish appropriate monitoring mechanisms;

And whereas, it is considered necessary to ensure effective implementation of the said directions through coordinated efforts at the district level; the Competent Authority is pleased to constitute District Monitoring Committees on Student Mental Health in all districts of Mizoram with immediate effect.

Composition of the Committee:

The composition of the District Monitoring Committee shall be as indicated at *Annexure-I*.

Functions of the Committee:

The District Monitoring Committees shall:

- Monitor implementation of the Hon'ble Supreme Court guidelines on student mental health in schools and coaching centres;
- Ensure availability of counselling services and mental health support systems;
- Oversee grievance redressal and student protection mechanisms;
- Conduct periodic inspections of institutions; and
- Submit periodic reports to the State Government.

Digitally signed by
DAVID LALTHANTLUANGA
Date: 17-04-2026
17:37:32

(DAVID LALTHANTLUANGA, IAS),
Secretary to the Govt. of Mizoram,
School Education Department.

Memo No. C.18/43/2025-EDN: Aizawl, the __ April, 2026.
Copy to:-

1. P.S to Minister, School Education, Mizoram.
2. Sr. P.P.S to Chief Secretary, Govt. of Mizoram.
3. P.S to Secretary, School Education Department.
4. Deputy Commissioner, All Districts. (with instruction to form the District Monitoring Committee for their respective District and submit the same to the undersigned)
5. Director, School Education.
6. State Project Director, Samagra Shiksha, Mizoram.
7. Controller, Printing & Stationery with 5(five) spare copies for publication in the Mizoram Gazette.
8. Website Manager, School Education Department.
9. Guard File.

(LALCHHANDAMA RALTE),
Under Secretary to the Govt. of Mizoram,
School Education Department.

ANNEXURE-I

Composition of District Monitoring Committee on Student Mental Health in Schools:

The District Monitoring Committee on Student Mental Health shall be constituted with the following members:

1. Deputy Commissioner (DC) - Chairperson
2. District Education Officer (DEO) - Member Secretary
3. Sr. Chief Medical Officer (CMO)/District Medical Officer
4. Representatives from District Child Protection Unit
5. Mental Health Professional (Psychologist/Psychiatrist/Counsellor) nominated by H&FW Department
6. Sub-Divisional Education Officers/Education Officers
7. Representative from recognised NGOs namely: YMA/YLA/MTP/MHIP/MCHP
8. Representative of Teachers' Association (MISTA, MSTA, MPTA, HISSLAM)