



**MINISTRY OF HUMAN RESOURCE DEVELOPMENT**  
(Department of School Education and Literacy)

**NOTIFICATION**

New Delhi, the 30<sup>th</sup> September, 2015

G.S.R.743(E). sub section (1) clause (b) of sub-section (2) of section 39 of the National Food Security Act, 2013 (20 of 2013) in thuneihna a pèk angin Sawrkar laipui chuan a hnuaia mi ang hian thupek a chhuah a, chungte chu:-

**1. Short title and commencement:-**

- a. He thupèk hi Mid-Day Meal Rules 2015 tih a ni ang.
- b. Sawrkar Thupuanbu (Official Gazette) a chhuah a nih aṅging hman nghal tur a ni.

**2. Definition –**

In these rules, unless the context otherwise requires,-

- a. 'Act' tih chu National Food Security Act, 2013 (20 of 2013) tihna a ni.
- b. 'Foodgrains' tih chu Buhfai (Rice), Chhangphut lam chi (Wheat) emaw a anpui a ngaih theih, thuneitu thupek mila siam tihna a ni.
- c. 'Food Security Allowance' tih chu Buhfai emaw Pawisa emaw State Sawrkain 'section 8 of the Act' (National Food Security Act) hnuaia a dawng theitu hnena a pèk tur tihna a ni.
- d. 'Meal' tih chu chaw leh chawhmeh tihna a ni.
- e. 'School' tih chu, Government, Government Aided, Local Bodies, SSA leh Madrasas leh Maqtabs te pawh a huam a ni.
- f. 'Section' tih chu dàn kan sawi mèk hnuaia thu hlawm bung khat tihna a ni; tin,
- g. Words leh expressions heta hman, hrilhfiah loh leh hriat chian loh awm te chu he dàn kan sawi mèk (National Food Security Act) bupui lamah Chiang taka hrilhfiah a ni.

**3. Entitlement for nutritional meal –**

Naupang kum 6 leh kum 14 inkar pawl I aṅg pawl VIII zirlaite chu he dàn Schedule II in a ziaik anga chaw chhùn ṭha leh thianghlim, School kal ni apiangin a thlawn a ṭhehsak tur a ni.

**4. Place of serving meal –**

Naupang chu School-ah chauh chaw chhùn ùh a ni.

**5. Preparation of meals and maintenance of standards and quality –**

- a. Chaw chhùn chu Sawrkar laipuiin MDM inkhaihruaina a siam ang leh National Food Security Act, 2013 (20 of 2013) hnuai a Schedule II angin chhum ùh tur a ni.
- b. School tinte chuan ei rawngbawlna tur bungbêl an nei tur a ni a, thianghlim leh uluk taka enkawl tur a ni. Khawpui a awm School te chuan a remchan dan leh inkhaihruaina-in a sawi angin Kitchen Shed pakhat an in hman ùh thei a, mahse an School-ah ùh chaw chhùn an ùh ùh tur a ni.

**6. State Steering-cum-Monitoring Committee for Mid-Day Meal Scheme-**

State Steering-cum-Monitoring Committee for Mid-Day Meal Scheme chuan “Mid-Day Meal Scheme kal dan kawng hrang hrangte chu danin a sawi anga kalpui a ni em” tih leh “Chaw chhùn chuan naupangte mamawh chaw ùh, sawrkar bituk a ùh pha ngei em” tih a en ùh tur a ni.

**7. Role of School Management Committee (SMC) for monitoring Mid-Day Meal Scheme –**

- a. Right to Free and Compulsory Education Act, 2009 hnuai din School Management Committee te chuan Mid-Day Meal Scheme kalpui dan chu ngun takin an vil ùh tur a ni a. Naupangte chaw chhùn ei ùh chu a ùh tawk em tihte, faina, thianghlimna leh hriselna kawnga an invawn dante bakah a kaihhnawih thil dang dangte chu an vil/enpui reng ùh tur a ni.
- b. School Headmaster/Headmistress te chu Mid-Day Meal atan hman tur Buhfai emaw Chawhmeh leina tur pawisa (Cooking cost) emaw a khaihlak châng pawhin School-a eng sum pawh hman phalsak an ni a, amaherawhchu Mid-Day Meal sum an dawn huna rang taka chin fel leh nghal tur a ni.

**8. Testing of Meals by accredited Laboratories –**

- a. Naupangte chaw chhùn ùh tur chu Sawrkar pawmpui Food Research Laboratory-ah a ùh tawk dan leh a thianghlim dan te, naupangte mamawh tawk chaw ùh a pai em tihte an enfiah ùh tur a ni.
- b. School Education Department chuan a remchan dan ang zela inchhâwkin School hrang hrang a ùh tin chaw chhùn atana siam chu an lakhawm ang a, a endikna hmun (Laboratory) ah a enfiah/endik tir ùh tur a ni.

## 9. Food Security Allowances –

- a. School naupang chu Buhfai awm loh vang emaw, chawhmeh leina tur (cooking cost) awm loh vang emaw, a chhumna tur thing tuah/Gas awm loh vang emaw, a chhumtu tur (cook) awm loh vang leh a chhan dang eng vang pawh a chaw chhùn thehsak a nih loh chuan, Food Security Allowance pêk tur a ni a, chu chu a dawn loh thla ațanga a thla leh ni 15 hma ngeiin pek tur a ni, hetiangin:-
  - i. Buhfai chu nitin School-a a dawn zât tur bituk sa ang zela chhût tur a ni.
  - ii. Chawhmeh man (Cooking cost) chu nitin School-a a dawn zât tur bituk sa ang zela chhût tur a ni.
- b. Centralized Kitchen Shed ațanga chaw chhùn dawng thin a nih chuan chu hmun ațang chuan Food Security Allowance a dawn tur chu pek tur a ni.

*Hetah hian, naupang chuan chhan eng emaw avangin school-ah chaw chhùn a theh duh lo a nih chuan State Sawrkar/Centralized Kitchen te chuan Food Security Allowance dilsak thu-ah mawhphurhna an nei lo.*

*Tin, chawchhun chu a tui loh/a that loh avanga naupangin a ei duh lo a nih pawhin State Sawrkar/ Centralized Kitchen te chuan Food Security Allowance dilsak thu-ah mawhphurhna an nei lo.*
- c. Chaw chhùn chu a zawna ni 3 chhûng chhum loh a ni emaw, thla khat chhûnga chhum loh ni chu ni 5 emaw a aia tam emaw a nih chuan State Sawrkarin a mawhphurtu chu dân angin a hrem tur a ni.
- d. Chung thil buainaah chuan Central sawrkar hnuaia hnathawk/aiawh inrawlh an awm a nih chuan State sawrkar leh Central sawrkarin mawhphurhna lain thla khat chhûngin an chingfel tûr a ni.

## 10. Saving –

He thupek hian Mid-Day Meal Scheme inkhaihruaina emaw Mid-Day Meal chungchanga Central thu chhuak eng mah a kalh lo vang.

*Mid-Day Meal Scheme chungchangah zawh duh emaw, hriat chian duh emaw i nei a nih chuan a hnuaia phone no tarlanah hian zawhfiah theih reng a ni:*

**Directorate of School Education:**

Mid-Day Meal Cell : 8974245007

**District Project Co-Ordinator:**

Aizawl District : 8729824609  
Champhai District : 8118980058/03831-234375  
Kolasib District : 8729948998  
Lawngtlai District : 9612823764  
Lunglei District : 7085210122  
Mamit District : 7085626851/7085626852  
Saiha District : 8414050864/8729982254  
Serchhip District : 8974229877